

The Relatives & Residents Association



CONFERENCE

'Will they look after her?'
Health and wellbeing in care homes

Wednesday 16 July 2008, 10.00am–4.00pm

The London Voluntary Sector Resource Centre

356 Holloway Road, London N7 6PA

www.theresourcecentre.org.uk

Chair: Dr Gillian Dalley, Relatives & Residents Association

- 10.00** **Opening and welcome**
- 10.15** **Plenary sessions**
Ben Bradshaw MP, Health Minister (invited)
- 10.30** **Why do people worry about their relatives' care in care homes?**
Les Bright, Consultant in Social Care, Professional Adviser to the R&RA
- 11.00** **Coffee**
- 11.10** **Concurrent Workshops**
- i. Medical matters – involving GPs, assessments, hospital discharge, bringing healthcare into the home
 - ii. Medication management – reviews, involving relatives, the role of the pharmacist
 - iii. Life in a care home – how it affects wellbeing (meals, nutrition, communication, environment)
- 12.40** **Plenary panel discussion**
- 1.10** **Lunch**
- 2.00** **Concurrent workshops**
- iv. Life in a care home – how it affects wellbeing (sleep, continence management)
 - v. Community services – whose responsibility for dental care, sight and hearing, podiatry, etc.?
 - vi. Dementia care – caring for people with dementia over time, care homes' responsibilities, the inspector's role, involving the CPN
- 3.30** **Concluding plenary panel discussion**
- 4.0** **Close**

Speakers include:

Nick Allcock, Associate Professor, School of Nursing, University of Nottingham
Caroline Baker, Dementia Care, Four Seasons Health Care
Martin Gallagher, Vision-Call
Dr Cait Goddard, Consultant in Old Age Psychiatry in a Community Mental Health Team in Lewisham
Judith Manners, Opus pharmacy consultancy
Rob Meadows and Theresa Ellmers, University of Surrey SomnIA sleep research project
Dr Jackie Morris, Acting Consultant Geriatrician Camden Primary Care Trust
Hazel Sommerville, Chief Pharmacist, CSCI
Dr Lisa Wilson, Deputy Science Director, Caroline Walker Trust
Rick Wilson, Director of Nutrition and Dietetics, King's College Hospital

Also invited include: Speakers from:

In Contact [continence]
Dental specialists [oral health]
CSCI [the Regulator]

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'Will my mother be cared for properly?'
'Will my father's medication be reviewed regularly?'
'Will they be able to see the GP when they need to?'

When older people go into residential care, families often worry about the care their relatives are going to receive. They do not know what to expect on their behalf, or what rights they have as families to be kept informed and involved.

This conference will explore the concerns that families have and hear from health and social care professionals responsible for providing the care that residents receive.

Topics to be discussed:

- Dental care
- Medication reviews
- Sight and hearing services
- Hospital links
- Involving the GP
- Sleep problems
- Nutrition and meals
- Family involvement

Delegate fee: £25 R&RA individual members; £90 all others

Who should attend:

- Relatives of care home residents
- Researchers
- Care home inspectors
- Health & social care professionals
- Care home managers
- Voluntary organisation members

Conference Enquiries:

Laura Jones at The Relatives & Residents Association
24 The Ivories, 6-18 Northampton Street, London N1 2HY
Telephone: 020 7359 8148 or email: laura.jones@relres.org
Website: www.relres.org

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BOOKING FORM

Fees include access to the event, available conference papers, buffet lunch and refreshments.

Fees: £25 R&RA individual members
 £90 all other delegates

Title: First Name: Surname:

Position (where applicable):

Organisation (where applicable):

E-mail:

Postal address:

..... Postcode:

Tel: Fax:

I have read and agree the terms and conditions below:

Signature:

Dietary or other requirements (please describe below):

.....

**Please make cheques payable to
The Relatives & Residents Association,
and send with this form to The R&RA,
24 The Ivories, 6–18 Northampton Street, London N1 2HY.**

Terms and Conditions:

This booking form constitutes a legally binding agreement. Payment must be received in full prior to the event. Registration confirmation will be issued subject to receipt of payment. Cancellations must be confirmed in writing before **Thursday 10 July 2008** and will be refunded minus an administration charge of £5. We regret that no refund can be made after that date. Bookings made after **Thursday 10 July 2008** are non-refundable.

The Relatives & Residents Association is a registered charity (No. 1020194) and company limited by guarantee (No. 2813362).

Office use only: Date: R/V:

Can't come to the conference?

Would you like to make a donation to the Association? This would help us to continue representing relatives and residents in campaigning for better care for older people. Any contribution you are able to make, no matter how small, would be much appreciated.

Donation:

£5 £10 £20 £50 other.....

Title: First Name:

Surname:.....

Position (where applicable):

Organisation (where applicable):.....

.....

Email:

Postal address:

..... Postcode:

Tel: Fax:

For Taxpaying individuals:

Please treat all my donations as Gift Aid until I notify you otherwise.

Signature: Date:

Cheques payable to **The Relatives & Residents Association** and sent to
24 The Ivories, 6-18 Northampton Street, London N1 2HY please.

Office Use Only: Date: R/V:.....